

# Iowa New Choices

## Program Participants

- Single parents who have full or joint custody of minor children
- Female offenders
- Homemakers who are displaced due to loss of a breadwinner's income
- Low income, full-time homemakers, including those receiving public assistance, who need to enter the job market

## Program Purpose

Iowa New Choices assists single parents and displaced homemakers by helping them prepare for work so they can support themselves and their families.

Iowa New Choices offers vocational advising, training, and support services for job market preparation.

A professional staff of program coordinators, located at educational sites across Iowa, is responsible for administering the individual programs throughout the state.

Iowa New Choices programs are funded by their respective community colleges through federal funds in the Carl. D. Perkins Vocational and Technical Education Act, and through request for proposal state grant funds administered for Iowans in Transition by the Iowa Commission on the Status of Women.

## Program Services

### Personal Support:

- Individual advising
- Support services referral
- Workshops and seminars
- Life planning

### Career/Educational:

- Academic and career assessment
- Career planning
- Vocational training opportunities
- Financial aid resources
- Job search skills



*I can't say enough good things about this program. It is why I am where I am today. As a single parent, school wasn't easy but I knew I needed an education to provide for myself and my children. I got the support I needed, and today I have a great job.*

*-single parent, age 33*



*Shortly after graduation I took my state boards and passed. I received word on Saturday that I was an RN and went to work on Tuesday at Public Health. This is the type of work I've always wanted. I simply cannot thank you enough for all your help!*

*-widow, age 59*

## Program Sites

Des Moines Area  
Community College  
Boone Campus  
1125 Hancock Drive  
Boone, IA 50036  
515/433-5037 or  
800/362-2127 x.5037

Des Moines Area  
Community College  
Carroll Campus  
906 North Grant Road  
Carroll, IA 51401  
712/792-8304 or  
800/622-3334

Des Moines Area  
Community College  
Urban Campus  
1100 7<sup>th</sup> Street  
Des Moines, IA 50314  
515/248-7520

Eastern Iowa  
Community College  
306 W River Drive  
Davenport, IA 52801  
563/336-3412 or  
800/850-5440

Iowa Lakes  
Community College  
300 South 18<sup>th</sup> Street  
Estherville, IA 51334  
712/362-7931 or  
800/242-5106

Northeast Iowa  
Community College  
Box 400  
Calmar, IA 52132  
563/562-3263  
800/728-2256 x.304

Northeast Iowa  
Community College  
700 Main Street  
Dubuque, IA 52001  
563/557-8271 or  
800/728-7367

Women Aware  
505 Sixth Street #422  
Sioux City, IA 51101  
712/258-4174

06/04

*I am a different person now. Thanks to this program I will be looking to a future that I never thought possible. I am more confident, determined, happier with myself, more in control and have a goal to conquer.*

-divorcee, age 40



## For More Information

Iowa New Choices can help you find the training and/or job that's right for you by:

- Building your self-esteem and self-confidence
- Determining what your job talents and interests are.
- Exploring your training and career opportunities.
- Assisting with the development of a career plan.
- Preparing you for the job market.
- Helping you market your skills.



*"As a mother of four, starting school again was a terrifying step. Iowa New Choices offered understanding, financial help, and hope for a brighter tomorrow."*

- divorcee, age 30

Are you...

# Divorced?

## Separated?

## Widowed?

## A single parent?



and do you need  
free help preparing  
to enter the  
world of work?

# Iowa New Choices